

# Break Boredom Busters

[Challenge Intro Video](#)



## Carey Challenges - Mrs. Post

We have some on-going challenges and also some very exciting virtual daily challenges happening during the holidays. From kahoots to cooking to lego building, we have created a challenge for everyone! Join one, join them all....its up to you!

**On the day of the challenge you want to join, please click on the link next to the challenge at 10am and the teacher in charge will give you more instructions!**

We also have some on-going challenges for you to join in on Education Perfect with this link [Break Boredom Busters Education Perfect Competition](#). Contact Mrs Ni Mahuna for more information on the Education Perfect Challenge.

Day and link	Challenge	Information	Teachers helping
Wednesday 15th  <a href="#">Kahoot link</a>	Kahoots	A special Carey only huge kahoot!! Join this virtual quiz and see how many teachers you can beat!	Mr Cottrell, Mrs Post and Dr Montgomery plus many teachers joining on the day!!
Wednesday 15th  <a href="#">11 &amp; 12 Academic Challenge Link</a>	Academic	Academic Stuff - Year11/12 Study Smarter - routines, reading and a few key mind tips to success	Dr Mont
Thursday 16th  <a href="#">Virtual Cook off link</a>	Carey cook off	You will need adult permission and supervision for this one... On the day, you will be given a theme by Mrs Post and Mr Cottrell. You will have 30 minutes	Mrs Post and Mr Cotterell and Miss Bennett (Guest Judge)like in masterchef!

		to cook up your best meal and then show us all on the hangout.	
Friday 17th <a href="#">Musical Theatre link</a>	'Recreate the Musical Theatre Song Choreography' Challenge	Participants choose a classic Musical Theatre Song and either recreate the choreography from the original - or (if they choose) create new choreography to that Musical number. Additional points for adding costuming and getting other members of your family involved!	Mr Bowles and Miss Bennett
Friday 17th <a href="#">Neuroscience study link</a>	Neuroscience and Studying	Neuroscience and Studying - Learning to learn - reading, notes and just being ...	Dr Mont
Monday 20th <a href="#">Lego Link</a>	Lego building challenge	Join in on the day and hear the scenario, then create away for the next 30 minutes. Make sure you have a nice big box of lego!! You can have as many family member join as you like!	Mrs Adlem and Dr Montgomery
Monday 20th <a href="#">Making maths notes</a>	Making Maths Notes	Making Maths Notes for Tests and Exams; applying the same for other subjects	Dr Mont
Monday 20th <a href="#">Create a...Challenge Link</a>	Create a.....Challenge	This exciting challenge will see you selecting from one of 4 household products to see what	Mrs Ramirez

		you can turn it into!! Mrs Ramirez will guide you through the conditions and you will have the remainder of the holidays to build your best creation. You can take a photo when complete and send to your home room teacher and also Mrs Ramirez for judging! Prizes will be given out when we get back to school next term!	
Tuesday 21st <a href="#">Neuroscience and Study link</a>	Neuroscience and Studying	Neuroscience and Studying - Learning to learn	Dr Mont
Tuesday 21st <a href="#">Cubby Challenge link</a>	Cubby building challenge	Get blankets, get boxes, get some gaffa tape and build your own iso-fortress!!	Mrs Adlem, Mrs Post and Mr Birt

## Chidz MasterClasses - Mr. Chidgzey

### [Master class introduction](#)

- [Bible Society](#) - Masterclass videos showing well-known Christian speakers answering the “big questions” everyone asks ... 1. Is the bible trustworthy? 2. God and His character; 3. Christian living; 4. Sin and salvation; 5. Heaven & hell; 6. Science; 7. Sex &

relationships; 8. Suffering; 9. Christians in the world; 10. Discussing Christianity respectfully ... <https://www.biblesociety.org.au/get-involved/masterclass#masterq>

- [Bible Project](https://bibleproject.com/) website activities ... check out the Old and New Testament overviews.
- <https://bibleproject.com/>
- [Research](#) - Christian fish symbol (where did it originate?); "Light of the World" painting (who painted it? What is its symbolism?); Old Testament prophecies of Jesus (how many are there? Why are they important?).

## **Random Daily Challenges - have these as part of your daily routine. Take a photo to share with your homeroom and year manager when Term 2 starts back**

- Moji Monday Monopoly Monday - Board Games
- Talented Tuesdays/ Tasty Tuesday/
- Workout Wednesday
- Thankful Thursday - put a timer on for 30 minutes, how many points of thankfulness can you write down in this time? Can you do more than 30 - one a minute? Challenge is on!
- Funky Friday, Funny Friday - Best Dad Jokes - make a list, share these with Mr Jules, Mr Morgan and one other teacher who you think would 'appreciate' the jokes.
- Selfie Saturday - take 3 selfies - with a pet, with a plant, and with favourite toy from childhood.
- Soulful Sunday Service Sunday - helping others

## **Global Challenges and Competitions - Mr. Cottrell**

Global Challenges are a great way to connect with the wider world, especially now. These challenges are a good starting place for many interests in the area of the arts. If you find other competitions, please join in and let us know what you are doing by filling out the form from Dr Mont!

<http://1-minutefilmcompetition.org/>

<https://studentedge.org/competitions>

<https://cinefestoz.com/festival-program/cinesnaps/short-film-competition/>

<https://bikff.org/about/>

<http://atomawards.org/>

<https://filmfreeway.com/LittleBigShotsInternationalFilmFestivalForKids>

<https://flickerfest.com.au/>

## Acts of Kindness - Mr. Harris

### [Acts of Kindness introduction](#)

By now, most of us have been at home in self-isolation for at least two weeks. And at some point you probably asked yourself, what can I do to make this situation better - better for myself, and better for others? Slightly unexpectedly, one way you can improve your experience of self-isolation is to serve others. In a time where we're required to stay at home, it's more important than ever to deliberately seek to meet the needs of those around us. It's good for your soul and good for the people you help. Have you thought about how you can do this?

One of the great gifts my family has received in this season was from my mother in law. Every few days she video calls and reads books to my daughters - I have 2. It's a wonderful time for them - they love their video chats with Nanna. It's also good for Nanna as she has been in quarantine alone for the last 2 weeks. And its great for my wife and I - storytime with Nanna gives us a few moments of respite within our house.

Could you do something like this? Do you have young cousins or close family friends you could call or read to? Maybe there is something else you can do?

Below is a list of Acts of Kindness that you may like to attempt whilst you are on the school holidays. An act of kindness or an act of service is something that meets an actual or perceived need of another person. An act of service is not completing one of your regular household chores - it has to be something different from your usual routine that helps another person or group.

So, try one of the below suggestions and let us know how you go. I suspect the person you help will deeply appreciate what you do... and you'll find yourself enjoying doing something different from your normal routine.

#### **Possible Acts of Service:**

- Write a note of appreciation and send it to someone
- Draw someone a picture - you don't have to be an artist. Especially if the gift is for a younger child. They love art (simple drawings of things they like e.g. unicorns or cars).
- Dust and pump up all the tires on the bikes in your house - then suggest a Household (family or siblings living under the same roof) bike ride.
- Make a special breakfast for the whole family - eg. you could cook up a traditional English breakfast. Make sure you do the dishes, clear the benches and put everything away afterward.

- Bake and deliver a favourite treat for someone. When you finish make sure you do the dishes, clear the benches and put everything away afterward.
- Detail clean the family car(s)
- Leave a little note or joke for a family member to find - on their pillow or at their home work station. A good joke always makes people smile.
- Gift or donate something you no longer use that you think another person will like
- Call your grandparents or a significant older person in your life for a chat. If they are not good with technology, see if you can teach them something - like how to switch from phone calls to video calls or how to use emoji's.
- Make an obstacle course for your younger siblings
- Draw hopscotch or handball squares on your driveway (in chalk) and play with your siblings or draw up the squares on a neighbours driveway for their kids to play (always seek permission from a responsible adult before using chalk to draw up games).
- Create an Easter Egg or Scavenger hunt for the family
- Call a younger cousin or family friend and read a kids book to them - use Facetime, Googlemeet or Zoom.
- Mow the lawns or ask what work needs to be done in the garden, then get it done because you can.
- Create a poster of encouragement - stick it facing the neighborhood street for passers-by to see. Kids and families love these things when they are on walks.

This isn't a complete list. There are so many things you can do from home to help others, and in turn, to make your holidays at home a little better. If you find a good way to serve someone or your local neighbourhood, let us know. We'd love to hear from you.

## **Academic Stuff (as opposed to challenges) - Dr. Mont**

The small things that you can do to a great student.

- Year 11 and 12 students
  - Go to the SCSA website and find all the course outlines for the courses you are doing. These are so important - these documents are the platform, framework, guidelines for your courses - make sure you are familiar with these.
  - Begin your Maths notes for tests and exams - do you know how to do this? Some links to help
    - <https://www.youtube.com/watch?v=pemq2hUbo1E>
    - Cornell note making for maths  
<https://mathematicstrategies.weebly.com/cornell-notes.html>

- Summarise your term 1 course content - google for the best way to do this. There are so many different ways to do this - pick one that works for you. One way is to use the Course Outlines - and for each outcome/objective write a short summary - no more than 1-2 sentences and a diagram.
- Read, read and read your English novel and texts.

Reading is very important! It is the critical skill for all academic areas. Start by reading 10 minutes each morning and each afternoon -try reading 2 books over the break. Don't overlook your boys from when you were young - these books have to be written very well. Try these - you might be able to find them online

- When we were young AA Milne
- Sleep Book by Dr Suess - try not to yawn while you read
- Blinky Bill
  
- Don't over look poetry - can you memorise these Australian Classics - I challenge you -
  - Man from Snowy River
  - A Bush Crhistening
  - Clancy of the Overflow
  - Mulga Bill's Bicycle
  - My Country
  - Andy's gone with the Cattle
  - Link to more
    - <https://www.google.com/search?q=21+best+loved+aussie+poems&oq=21+bet-loved+&aqs=chrome.1.69i57j0.8216j0j9&sourceid=chrome&ie=UTF-8>

## Craft and Creativity

- Lego Masterpiece challenge
- Claymation videos - recipe
- <https://australianballet.com.au/the-ballets/digital-season>
- <https://www.nationaltheatre.org.uk/nt-at-home>
- <https://globeplayer.tv/>
- <https://www.metopera.org/>

## Scripture Union Camps

- CHIC Online

**Who:** Girls in School Years 7-10 (or equivalent age) ... **Cost:** \$60 (includes 5 days of activities, camper pack & delivery) ... **When:** 14th - 18th April ... **Where:** 'Zoom' Conferencing Morning & Evening Sessions ... **Team Leaders:** Emma Shaw ... **Description:** Join us for some interactive girl-time in the morning and the evening, with activities to keep your mind working throughout the day. Come and be a part of an awesome CHIC community!

- **Grounded**

**Who:** School Years 7-12 (or equivalent age) ... **Cost:** \$85 (includes 3 days of activities, camper pack, delivery & 1 meal delivered) ... **When:** 21st - 23rd April ... **Where:** 'Zoom' Conferencing Morning & Evening Sessions ... **Team Leader:** Mike Bezant ... **Description:** Join us for interactive online sessions in the morning and the evening, with special activities to keep you entertained throughout the day. Being grounded has never been so great!!

**Other:**

- Start a journal of this COVID-19 time/ or create a time capsule- could be an important historical document in years to come. Collect articles, photos, write entries etc.
- Create a mini golf course / or marble run?
- Juggling challenge? Magic tricks?
- Origami challenge (animals etc or origami architecture for more of a challenge)  
<https://www.origami-resource-center.com/origami-animals.html>
- 1-2 min video of your pet doing a trick
- Handstand /handwalking competition (vid)
- Basketball / soccer / hackey sack tricks/challenges
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**Communication (MnM)**

- Create video link ups with friends/family/teachers
- Be kind to your family - find ways to make things easier
- Talk to your teachers
- Who has a birthday? - create a video/audio to send to them to wish them happy birthday
- Record a song or dance to share your experience
- Find new ways to communicate
- Discover who in your neighbourhood is totally isolated and find a way to say hi - (eg. on bin days, you could put their bin out or bring it in)
- Go for a walk - while keeping your social distance, you will meet so many interesting people walking their dogs or exercising like you (you can still walk with one friend)