



The best approach to managing bullying is through a range of strategies . At Carey, these may include one or more of the following:

- A focus on building positive relationships and reducing bullying in the school community through a range of activities that engage students, families and staff (including professional development for teachers).
- The promotion of a positive school environment that provides safety, security and support for students and promotes student wellbeing.
- Effective approaches and strategies to encourage positive student behaviour as well as approaches to discipline that are consistent, inclusive, solution-focused and non-punitive.
- Explicit teaching of values and skills to all students including strategies for responding to bullying behaviour and supporting students who are bullied.
- Integration of social emotional learning within the curriculum.
- Teaching and learning programs to develop students' communication, social, assertiveness and coping skills.
- Changes to the school environment to improve teacher supervision, such as removing visual barriers between teacher and students.
- Increasing supervision of students at particular times or places.
- Support from a school chaplain or psychologist including intensive programs for vulnerable students.
- Changes to technology access at school.
- Timetable or class changes that may be temporary or permanent to decrease the contact the students have with each other.
- Class discussions of bullying including underlying issues and possible responses for students.
- Promoting positive bystander behaviour.
- Disciplinary action against students who bully others.

Responding to Bullying:

1. **Report:** Bullying is reported to a staff member - this may be investigated or referred to other relevant staff member for investigation.
2. **Investigation:** the staff member will investigate and respond in ways that are developmentally appropriate for the victim, the perpetrator, and any bystanders.
3. **Communication:** families of affected students will be communicated with to inform them of the situation and any relevant disciplinary or supportive action.
4. **Review:** the staff member will review the situation periodically to ensure the bullying is not recurring and that the victim is receiving the necessary supports.
5. **Further Action:** In ongoing cases, further action may be taken such as formal warnings, removal of access to certain play/social areas, or even suspension or exclusion.

Further resources can be found on the [Bullying. No Way!](#) website.